

POLST TRAINING REGISTRATION



POLST Facilitator (Last Steps) Training Course

With Respecting Choices® certified instructors: Lynn MacKenzie & Patricia Bresser

Course Date: _____

Registration Fee: **\$225.00** _____

Location: _____

Includes online training modules, e-manual, full training day on date selected, light breakfast and lunch on day of training

Location: St. Cloud Hospital - Conference Center or Plaza, St. Cloud, MN. Location TBD

SPACE IS LIMITED. QUICK REGISTRATION ADVISED!

The purpose of this program is to improve the effectiveness of the POLST paradigm program through facilitation skills training and prepare participants to become certified as Respecting Choices (RC) Last Steps® ACP Facilitators. It is for health care professionals and others who have end of life discussions as a component of professional practice to initiate and help individuals establish medical and non-medical goals of care.

Course Objectives:

At the conclusion of this educational activity, the participant should be able to:

1. Describe the purpose of the Last Steps ACP (POLST paradigm) program.
2. Identify skills to initiate Last Steps ACP conversations with persons with serious life-limiting illness, designated healthcare agents, and their loved ones.
3. Identify skills to assist in making informed treatment decisions, to include CPR, limitations on treatment, and comfort care.
4. Practice Last Steps ACP conversations.
5. Identify techniques to create a POLST document that accurately reflects an individual's treatment preferences.

CEU Credits Available!

**Nurses = 14.65
Social Workers = 13.25**

Prerequisite: online facilitator training modules*

Please Note:

Because space is limited and there are online components to be completed prior to the day of training, registrations should be submitted as early as possible. ***After registration deadline is closed per class, you will receive an email with instructions for accessing the online training and instructional letters.**

Registration:

FIRST: _____ MI: _____ LAST: _____

ORGANIZATION NAME: _____

WORK ADDRESS: _____

WORK CITY/STATE: _____ ZIP: _____

PROFESSION: _____ JOB TITLE: _____

DEPARTMENT: _____

EMAIL: _____ PHONE: _____

TOTAL: _____ FORM OF PAYMENT: Check Enclosed _____ Credit _____

IF PAYING BY CARD:

NAME ON CARD: _____ CARD NUMBER: _____

TYPE OF CARD: _____ EXP: _____ 3-DIGIT SECURITY CODE: _____

SIGNATURE: _____

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Course Agenda:

7:30	Registration <i>(continental breakfast)</i>	11:50	Debrief
8:00	Introductions & Overview	12:00	Lunch
8:30	Last Steps®, a POLST Paradigm Program	12:30	Making Informed Treatment Decisions <i>(continued)</i>
9:15	Break	1:30	Practice Role-play Exercise <i>(work in groups of four)</i>
9:30	ACP Facilitation Skills <i>(online modules 4 & 5)</i>	2:35	Debrief
10:15	Practice role-play exercise <i>(work in groups of two)</i>	2:45	Break
10:45	Debrief	3:00	Creating a POLST Document
10:50	Making Informed Treatment Decisions <i>(POLST Sections A, B, and C)</i>	3:45	Competency Evaluation <i>(work in groups of four)</i> <i>*final role play with competency evaluation completion by observer</i>
11:20	Practice Role-play Exercise <i>(work in groups of two)</i>	4:45	Summary/Evaluation of Program
		5:00	Adjourn

Questions? Contact Lynn MacKenzie at 320 774-0911
or email at lynn@lightthelegacy.org