

ROCORI Senior Center

FREE Senior Health & Screenings Fair

Wednesday - April 3, 2019

9:00 am - 11:00 am

ROCORI DEF Commons

527 Main Street

Cold Spring, MN 56320

Free information will be available to assist you in remaining healthy, active, and prepared for the future!

Partnership of :
ROCORI Senior Center, Central MN Council on Aging, Catholic Charities, College of St. Benedict/St. John's University, Light the Legacy, Central MN Parish Nurse Ministry, CentraCare Health, Assumption Community Faith in Action, Consumer Directions, Mid MN Legal Aid, Avada Audiology & Hearing Care, and Thrifty White



- **Balance**
- **Blood Pressure**
- **Memory**
- **Diabetes**
- **Stroke**
- **Nutrition**
- **Hearing**
- **Sleep**
- **Health Care Directives**

FOR PEOPLE AGE 50 +