<u>Registration</u> for First Steps®
Advance Care Planning
Facilitator Certification

Friday November 20, 2019   8:00-4:30

Respecting Choices® First Steps® ACP Facilitator Certification is designed for professionals and healthcare providers (social workers, nurses, health educators, and physicians), clergy, and others involved in providing advance care planning (ACP) facilitation.

Nurses receive 14.65 CEUs and social workers receive 13.25 CEUs

To Register

Complete this registration form and email, or mail to:

Lynn MacKenzie **Light the Legacy** **619 W. St. Germain, Suite #261, St. Cloud, MN. 56301** **320.774.0911** **lynn@lightthelegacy.org**	**Registration Fee: $225.00** **Registration Deadline:** **November 10, 2019**

Attendee Information

Full Name (type or print)		**Profession**	
Employed by			
Work Address (street, mail station, city/state/zip)			
Home Address (street, city/state/zip)			
Primary Phone		**Email: Home** **Work**	

Location: **St. Cloud Hospital – Birch Room in the Conference Center**

1406 Sixth Avenue North, St. Cloud, MN 56303 - Get Directions

Learning Outcomes

At the end of this course, the participant will be able to:

1. Identify communication skills for facilitating First Steps ACP conversations.
2. Create strategies to transfer individual goals, values, and preferences to the written plan.
3. Demonstrate beginning competency in facilitating First Steps ACP conversations through role-play activities.
4. Become certified as a First Steps ACP Facilitator through final competency role-play demonstration.

Respecting Choices® is a division of C-TAC Innovations. The term "certification," as used in Respecting Choices educational programs and products means that Respecting Choices issues a certificate upon fulfillment of the following elements:
1) completion of a specified Respecting Choices educational program with standardized content and processes;
2) successful demonstration of skills associated with the specified program.

Materials developed by Respecting Choices®.

LTL January 2019

First Steps® ACP
Facilitator Certification

Purpose

To assist participants in learning effective communication and conversation skills for person-centered ACP facilitation.

Learning Outcomes

At the end of this course, the participant will be able to:

1. Identify communication skills for facilitating First Steps ACP conversations.
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3. Demonstrate beginning competency in facilitating First Steps ACP conversations through role-play activities.
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Pre-Course Requirements

1. First Steps ACP Facilitator Online Core Curriculum, modules 1–4*
2. Personal Engagement Activity: Attempt to have a conversation with a loved one or close friend
3. Review of Advance Directive document appropriate for your organization/community

Pre-Course Assignments

1. Complete Respecting Choices **First Steps® ACP Facilitator Online Core Curriculum (modules 1 – 4)**.

2. Complete **Personal Engagement Activity**.

    Purpose: To gain an understanding of common reactions that people have regarding advance care planning (ACP)

    Instructions: Attempt to have a conversation with a loved one or close friend. Ask this person the following questions:

    • What is your understanding of advance care planning?
    • What type of advance care planning have you done, if any?
    • What fears or concerns do you have about this type of planning?

3. Review the **Advance Directive document** appropriate for your organization/community (or distributed by your ACP team).

    Purpose: To increase awareness and understanding of the advance directive used in your organization/community

* The online component includes interactive courses intended to help you learn basic ACP concepts and to come to the course prepared for a more robust classroom experience. Contact hours for the online prerequisite are available through Respecting Choices. Upon completion of the modules, you will be able to download a contact hour certificate.