

# National Healthcare Decision Day

## April 16<sup>th</sup>, 2019



### DID YOU KNOW?

- 90% of Americans have heard of a Living Will (Health Care Directive)
- 71% of Americans have thought about their end-of-life preferences

**BUT.**

- Only 29% of Americans had a living will

### BE PREPARED

1. Name a Health Care Agent (someone who can speak for you when you can't speak)
2. Put your decisions in writing through a Health Care Directive
3. Have the conversation making sure your voice is heard

*"No one knows what tomorrow will bring. Will it be a car accident or the news of a fatal disease? Plan today, plan now - before crises happens."*

*"It's the greatest gift of love you can give your loved ones"*



For more information:  
[www.lightthelegacy.org](http://www.lightthelegacy.org)